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NO 3

Remarks

on

Mercury

by

David Hunter

of

Virginia

Passed March 30th

1824

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Remarks

Mercury

Grand Staircase

Vegetation

The first part of the journey was spent in the Grand Staircase.

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Medica that is so particularly well
suited to greatly increase, however, is more
important property, in its various
indications as Vermifuge. Among the
numerous diseases to which the human
species is subject, there is scarcely an
exception in which this medicine
is not one of the best. It has not
been found necessary to vary with
the introduction into practice
since it has been among the effective
Medicines, have since become one
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to the cause of several maladies
entirely to tropical climates, as well
as some to which we are not
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Perhaps there is not an individual medicine in the whole range of the Materia Medica, that is so extensively used, or so greatly abused, & answers so many important purposes, in its various combinations as Mercury. Among the numerous diseases, to which the human species is subject, there is scarcely an exception in which this medicine, in some one shape or other, has not been found serviceable; & many which before its introduction into practice, were ranked among the opprobria Medicorum, have since become quite tractable under its influence. } 2

In the cure of several maladies peculiar to Tropical climates, as well as some to which we ourselves are liable, it not only stands unrivaled, but is a sine qua non,

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notwithstanding the many abortive
& futile attempts, that have been made
to bring it into disrepute, by a few
actuated doubtless by laudable mo-
tives, but by far the greater num-
ber through ignorance & prejudice,
particularly as it regards its em-
-ployment in syphilitic affections.

Mercury or quicksilver is a
metal, existing naturally in a flu-
-id form, but can by artificial
means be rendered solid, as it is
usually seen, of a grey opaque co-
lour, resembling in appearance
melted tin, or lead; but when
perfectly pure, of a bright
white; it is met with imbedded
in the earth, sometimes though
rarely in virgin state, but generally
combined with foreign substances,

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I perhaps oftener with sulphur, under the form of native cinnabar, than any other, It is found in almost every part of the world, The principal mines however are those of Germany, Spain, & Peru.

At what particular period mercury was first discovered, we have no certain knowledge. The physicians of ancient Greece & Rome, are said to have been acquainted with it, only as a poison too dangerous to meddle with. The credit of having first used it in the cure of disease is ascribed to the Arabian's, a people who however degenerate at the present day, were probably more enlightened at that period, than any nation on earth. They employed it externally in the form of ointment in various

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cutaneous affections. Large doses were
 afterwards given in the crude state,
 but like most other metals when
 uncombined, it acted only by its gra-
 -vity, producing no deleterious conse-
 -quences. To which practice succeeded
 the exhibition of certain pharmaceutical
 preparations, more powerful in their
 operation, & more effectual in checking
 disease. It was not however until
 some time after its introduction into
 Europe, which is dated about the
 latter end of the 13th century, esteemed
 a safe medicine, or regularly ad-
 -mitted into the Materia Medica.
 In the following century its con-
 -trol over the Venereal virus
 was observed, which is probably
 the most important discovery, the
 annals of Medical science afford.

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The reputation of the medicine from its first introduction, until within a few years, has been extremely fluctuating. Its curative qualities are so highly estimated at the present day, when judiciously directed, as fully to deserve the appellation by which it was designated, by one of its earliest advocates, of, *Minabiles et egregia medicina*.

The most usual effects of Mercury when introduced into the human system, are, an increased action of the heart & arteries, together with an increase of the secretions & excretions in general. Its action is sometimes directed to one part, sometimes to another, & often to every part, depending in a great measure upon the quantity & quality exhibited.

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The sensible effects are however more uniformly exerted upon the salivary glands of the mouth, than upon any other parts, producing ptyalism or salivation; which symptom is characterised by first, a metallic taste in the mouth & tenderness of the gums, which assume a whitish & spongy appearance, a very peculiar foetor of the breath, an unusual secretion of saliva, & very frequently small ulcers in various parts of the mouth together with some degree of irritability throughout the whole body; the system is then said to be mercurialized. Such are the most usual effects of mercury, when cautiously introduced & left off in due season, which commonly disappears in a few weeks, without leaving behind

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any permanent derangement of the constitution. If however it be pushed to a greater extent, by continuing after the above has taken place, or if it be administered in too large or repeated doses, a train of very alarming & distressing symptoms will occur; the tongue, gums, lips, cheeks, &c. swell to a frightful degree, extensive ulcerations form in every part of the mouth, the gums bleed profusely, the teeth become loose, black, & occasionally fall out, the jaws mortify, slough off, with debility, & emaciation of every part, which continues until death closes the scene. & in other cases where the pernicious effects of the medicine, have not been carried quite so far, it not

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unfrequently incapacitates the subject of it, from enjoying any degree of comfort during life. I know a young lady whose mouth from inordinate doses of calomel taken in a bilious fever, was so much twisted to one side, as entirely to change her features; & who at the present day (which is twelve or eighteen months since the attack) is under the necessity of separating her jaws by means of wedges, sometime previous to taking her meals; I also another young lady, whose tongue from the same cause, adheres so closely to the adjacent parts altering her voice to such a degree, that she can be but indistinctly understood, by her

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most intimate acquaintances. In both of the above cases, large & frequent doses of Calomel, had been administered, & the common symptoms in the section of country where I reside, under such circumstances, of profuse bleeding of the gums, was present; An effect from over doses of Calomel, which is, as far as I am acquainted but slightly mentioned by authors on the subject; it is preceded by redness & tumefaction of the gums, in violent cases 12 or 16 ounces of blood, are discharged, in the twenty four hours, attended with a comparative small secretion of saliva, but intolerable fetor of the breath; The pulse in the mean time, is feeble & irregular, indicating great derangement of the whole system. There is also

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another effect which often accompanies the above, & which I have never seen mentioned, as induced by mercury, namely a species of Itchia, or small black, circumscribed spots, answering none of the eruptions described by Alley, Spens, Perron &c; appearing most generally on the superior parts of the body, but occasionally on every part. The same is mentioned by Wilson Philips, in his work on fever as occurring in the plague, as well as several other diseases of debility. He observes that it is this particular eruption, which by some has been called tokens, or God's token, & that they are regarded as a very fatal symptom; those which I have seen have been invariable tokens of death, as I never knew an instance of recovery

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after their appearance, It may be as well to mention, that the common bilious fever of Kentucky County is the disease, in which I have noticed them; & that they are produced by mercury is evident from the fact, that they only occurred where a great deal of that mineral had been given.

Not an uncommon consequence arising from mercury, is a disagreeable bowel complaint, occasionally accompanied with discharges of blood, whether the medicine be given, either externally or internally. The cure of Syphilis under such circumstances is very troublesome. There are indeed nearly as many diseases, either real or imaginary, enumerated, as arising from the action of this medicine, as those in which it is employed to

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 of indigestion, incurable mania,
 a kind of hectic fever, pains simi-
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 of a scrophulous nature, & parti-
 cularly a peculiar eruption, which
 has attracted considerable attention
 in Europe of late years; differently
 styled by the different authors who
 have treated on the subject, a disease
 which very seldom occurs in this
 country from the above cause.

Mercury as before stated, like
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so as to exert a more powerful
influence, & that influence too
of the most salutary kind, than
any other article we possess, is I
believe generally admitted.

The treatment for the morbid ef-
fects, arising from a mercurial
course, in which the medicine
has been too freely used, or too
long persevered in, may be di-
vided into two parts; first when
the system has been surcharged,
second, that state of the consti-
tution immediately succeeding
the mercurial excitement.
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at all be relied upon; blisters,
 The different preparations of sulphur,
 & particularly sulphure water,
 have been recommended; The prepara-
 tions of lead have of late been
 proposed, from the morbid effects
 of the latter article, being more
 quickly relieved by mercury, than
 any thing else. The patient howe-
 -ver should be kept on a low
 diet, his bowels should be kept
 open with sulphur & cremonstan-
 -ter, or some other laxative, and
 opium be given with a view of
 relieving pain, & that peculiar
 irritability attending the com-
 -plaint; he should also be ex-
 -posed to cool air, & take moderate
 exercise, many gargles have been
 proposed, when the mouth is much

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affected, keeping that part clean with cool water, is, I believe as good as any of them. As for the second stage, it is to be managed under ordinary circumstances, like most other states of debility, & as the stomach particularly suffers, such medicines should be selected, as will increase the tone of that organ, & improve the appetite; which is generally very much impaired. To answer which, many of the negotiable tonics, the various preparations of iron, & the mineral acids have been advised. I have seen in several cases, where the system having been very violently excited, was followed by a torpid state of the bowels, connected with a similar condition of the liver,

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which last organ had to all appearances, ^{entirely} ceased secreting bile; under such circumstances, The golden sulphur of antimony was productive of the very best effects, moderately exciting the liver, & at the same time proving gently laxative.

Notwithstanding the many learned dissertations on the modes of operandi of mercury, The subject is still very obscure; That it is absorbed into the circulation is fully proved, from various conditions of the system arising from its exhibition; such as the appearance of The blood drawn from a mercurialized patient, The detection of it in several parts of The body, The exhalation of it

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from the skin, & above all, from the mercurial impression being communicated, from the mother to the sucking infant. Its local action is evinced from its purgative & emetic qualities, as well as many other, its action upon the nervous system is equally evident. I believe it to be the most permanent stimulus we possess, & I would ask whether or not the high reputation it has acquired in the management of those violent & rapid affections peculiar to tropical climates, may be, in a great measure owing to this quality?

To enumerate the diseases in which mercury has been employed would be to repeat the whole

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nosology from beginning to end. Its influence in subduing the syphilitic virus has held undisputed sway, for a long time; & every attempt to cure that disease at the present day, without mercury, is looked upon by the most enlightened physicians, as jeopardising the life of the patient. It is equally indispensable in the diseases of that important viscus the liver, as also all the abdominal viscera.

Cases of tubercular consumption are recorded to have been cured by mercury, but the presumption is, that the lungs in such cases were only sympathetically affected, from a morbid state of the stomach, liver, spleen &c, or

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that they were cases of chronic bronchitis; as it is very questionable whether genuine tubercular consumption was ever cured by any means.

Mercury for a long time was confined nearly exclusively to chronic complaints, but of late years its reputation in the management of acute affections has advanced at a very rapid pace, & in fact has superseded all other plans of treatment in several of the latter.

Dr Hamilton of Edinburgh has laid down a set of rules, to be observed while undergoing a mercurial course; which are important, & should be attended to; when the circumstances and

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situation of the person will admit of it; but it very frequently so happens, particularly in the country, that we find it impracticable to subject persons requiring the remedy, to such restrictions; it is fortunate in such cases, that but little inconvenience generally attends the disregarding of many of his rules. There are however several of them, which should never be omitted; viz, if the patient be robust & ~~robust~~ ^{athletic}, he should lose a considerable quantity of blood & take a cooling purgative, before commencing the course; & during its continuance should particularly guard against taking cold; live on a

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low diet, & abstain from all kinds of stimulating food & drink. The medicine should be gradually introduced, & discontinued as soon as the mouth is moderately affected, & afterwards resumed if necessary, rather than, render the constitution liable to be impaired by a surcharge,

During its exhibition, if the habit of body be above the natural standard at any time, depleting^{measures} should be resorted to; if on the other hand debility prevails, opium, wine, the peruvian bark &c, are to be used.

The system occasionally offers a resistance to the operation of mercury, when neither of the above are in a great degree present,

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under such circumstances, the warm bath, & particularly nauseating doses of antimony are advised. I may here remark that my preceptor, Dr Harrison of Martinsburg, Virginia, has been, for a number of years, in the habit, & with very great advantage, of combining the pulvis antimonialis with calomel in active doses, in the treatment of almost every disease, which required the use of this latter article; especially in bilious & intermittent fevers, croup, cholera infantum, worms, & dysentery.

Mercury as before mentioned in its metallic state is inert, it has however heretofore been

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a good deal employed, in obstinate constipations, with a view of opening a passage by its gravity; the practice, I believe is but little pursued at the present day, therefore a great variety of chemical preparations have been devised; among which the following are the most important, The two black oxides, the protochloride, the perchloride, the nitric oxide, the phosphate, & the red sulphuret.

The blue pill, in which the metal is partially combined with oxygen, is one of its most useful preparations; & where a gentle & mercurial impression is desired is generally preferable to any other; it will however

operate on the bowels, if given in sufficient quantity.

The ointment, in which the metal is also oxydized to a certain degree, is a highly valuable form for using the medicine, especially when it is desirable to impregnate the system in a very short time, or where some peculiarity of the primæ viæ forbids its employment in the usual manner; as the skin according to Mr Hunter is much less essential to life than the stomach, & is also capable of bearing much stronger impressions. It is also used with the most decided benefit, in many affections of the skin.

Casemel admits of a more extensive

application, & is probably more employed in the practice of syphilis, than all its other preparations put together; either as a sialagogue, an alterant, or a purgative; cleansing the alimentary canal, correcting the secretions, & equalizing the circulation, where such effects are required.

The Corrosive sublimate, & red precipitate are of most importance to the surgeon, for topical applications. The former is however highly recommended by some authors, in both stages of syphilis, either alone, or combined with sarsaparilla & guaiacum; the latter (red precipitate) I have seen agree with the stomach & bowels, when neither calomel

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The phosphat is a very powerful preparation, & not unlikely, when better acquainted with ^{well}, supersede many of its other combinations, in the treatment of several diseases.

The Cinnabar is at present never employed as an internal medicine, being only used for mercurial frictions; which practice is advised when the mouth, nose, throat, &c, are affected with venereal ulcers; or when the common means for mercurializing the system have been ineffectually tried.

Notwithstanding all that has been said & written, on the effects of mercury, in either alleviating

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or aggravating the sufferings of the human family; I think it would be a difficult question to decide, whether it really has been productive of most good or evil. Thousands have doubtless been rescued from the jaws of death, by its salutary agency; & Thousands been hurried to an untimely grave, by its misapplication. But the fact of a medicine being abused, through ignorance, can be no valid objection to its employment, when in the hands of cautious and judicious men. —

24th March 1878

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